

## Nutrition

## The Dead Milkmen

Now my life is easy  
My life ain't hard  
I'm gonna spend all day  
In my fuckin' backyard  
I ain't got no money  
Hell, I don't care  
My parents let me use their credit card

I've got nowhere to go  
Just hang out on the street  
My folks say I've got no ambition  
At least I give a shit  
About the stuff I eat  
Yeah! I care about nutrition

Tried to get a job  
At the retail store  
But I could not stand the competition  
Now I spend all my time  
Hangin' out at the shore  
Givin' myself a skin condition

I've got nowhere to go  
Just movin' on my feet  
People say I've got no ambition  
At least I give a shit  
About the stuff I eat  
Yeah! I care about nutrition

Sometimes I get upset  
When I see on the TV  
All them people in this world  
That is starvin'  
But there's nothin' in this world  
That could possibly bother me  
When I smell the turkey Dad is carvin'

Boy I'm starving  
Christ I'm starving!

My folks said  
I gotta get myself a job  
Cause they ain't gonna support me  
Well, if all I am to them  
Is just some lazy slob  
Why didn't they abort me?

I guess I'll just hang out  
On Broad and South  
Livin' by my intuition  
At least I give a shit  
What I put into my mouth  
Yeah! I care about nutrition

Nutrition  
It's good for me  
Nutrition

I've got vitamin see  
I care  
I care  
I care  
I give a healthy shit  
And Mom and Dad say if I eat all of my food  
I can go to the hard core show and see F.O.D.