The integration has taken hold. We have risen from our roots. We have seen our vision through. Awareness. Signals. (the end) Start of progression (the end). Drift with the ebb and flow. Sink in the ebb and flow. Drift with the ebb and flow. Sink in the ebb and flow (As long as the world doesn't hold me) Drift with the ebb and flow. Sink in the ebb and flow. (As long as the world doesn't hold me) Drift with the ebb and flow. Sink in the ebb and flow (The ebb and flow) Drift with the ebb and flow. Sink in the ebb and flow. Drift with the ebb and flow. Sink in the ebb and flow. Drift with the ebb and flow. Sink in the ebb and flow.