

Hold On Pain Ends

The Color Morale

And sometimes the most beautiful pain in life
is the kind you can't disguise or hide.
And the hard truth about life.
If I'm not allowed to give up on mine,
you are not allowed to not even try.

One day at a time you'll have to remake
the same decision as the one I made last night.

You and I have already started to die.
And now that I understand, why I've never felt quite so alive.
And I feel like I've sang about scars a hundred times
but for the record I've found the reason for mine.

And sometimes we need to find a reason
for the pain in our own lives.
Mine was you and I promise this song
is a place for the truth.
We can't keep hiding and hurting.
I know I've tried to.

One day at a time we just might have to remake
the decision every day for the rest of life.

You and I have already started to die.
And now that I understand, why I've never felt quite so alive.
And I feel like I've sang about scars a hundred times
but for the record I've found the reason for mine.

And for the record, I'm in California still writing one day at
a time.
And for the record, I refuse to be ashamed of all my scars.
You and I are both the same.

We've already cheated death so many times.
If we're going to die, why not cheat it again tonight?

You and I have already started to die.
And now that I understand, why I've never felt quite so alive.
And I feel like I've sang about scars a hundred times
but for the record I've found the reason for mine.