

## All This Is

The Bronx

Not enough, not enough  
I will never be another dead love, another vice  
Show me what lies can teach me  
Another reason for a rusted heart  
Another reason time stands alone  
Another reason for blank affection

Couldn't stand to be sad alone  
I shouldn't have another pain prescription  
But I'm not gonna turn it down  
A young voice in a desperate scream  
Creates substance that I need from you

All this is just a way for you  
To push out pain, push it out on me  
It's all this is just therapy for you  
That's all this is

I'm not enough, I'm not enough  
I never will be another vice  
Another lie, another dead love consumes me  
Another reason lets you fall apart  
At the feet of someone else's heart

I couldn't wait to try and pick up the pieces  
I'm no good at picking up my own  
I don't need another cheap sedation  
But I'm not gonna turn it down  
Another shot at salvation dies  
You can see yourself inside my eyes

All this is just a way for you  
To push it out pain, push it out on me  
'Cause all this is just therapy for you  
That's all this is

Giving it back, giving it back  
Throw it away, throw it away  
Threw it away, threw it away

All this is just a way for you  
To push out pain, push it out on me  
All this is just therapy for you  
That's all this is

Giving it back, giving it back