

I woke in the night Looking around there was no familiar sight  
Where could i be in some long gone place far away where life ne  
ver drags In the heat of excitement that's where I am nervous n  
ervous but lost Lost in the moment Leaving the grind behind It  
felt good to leave it behind One second of relief one second my  
heart leaped I was alive and ready to dive off of the diving b  
oard Ready for anything where am I now I don't care cause i'm g  
one Long gone from the grind of life In that one second i knew  
it was all in my mind My room was dark it was just the same no  
challenge there to meet No new life but that's o.k. the grind i  
s mine to live today ...it felt good to leave it behind