I can remember how it started I'd follow the firemen I'd dreamed of the astronauts They looked so happy in their shiny metal headgear I knew that inside they were smiling Ba da da da da Ba da da da da Ba da da da da Ya dop ba dop ba dop bop My mother feared I was abnormal I'd take out the colandar And put it on my head People are happy when they know that they're protected Just let me tell you why I'm smiling I've got my helmet on Nothing can do me wrong I've got my helmet on Ya dop ba dop ba dop bop In shining rows they sit in every beauty parlour Down in the coal mines lighting the way From distant battlefields to the tiniest motor scooter There is peace on every single face My friends all tell me I'm retreating But how can they argue With true serenity If they would only try just once to wear a helmet The world would soon be a better place Come try my helmet on Nothing will do you wrong Come try my helmet on Ya dop ba dop ba dop bop In shining rows they sit in every beauty parlour Serenity on every face Come try my helmet on Nothing will do you wrong Come try my helmet on Ya dop ba dop ba dop bop Come try my helmet on Nothing will do you wrong Come try my helmet on Ya dop ba dop ba dop bop Come try my helmet on Nothing will do you wrong Come try my helmet on Ya dop ba dop ba dop bop Baaaaaaaaap