We came from an island
In the sand and the sun
Hidden away from the world
Is that home of fun
We surfed all day
And ate food all night
When there was no more food
Eating sand was alright

But then one dark day out of the sky Space Monster "M" and friends Invaded our world And we had to escape But we vowed to return again First we'd take over the world And then we'd return again

We floated across the ocean
in a hollowed out log
From the blue beaches
to the land of smog
We washed up on the beach
The Professor took us in
And that's when the experiments begin
He gave us super powers from chemicals
Then he gave us instruments
So we could rock and roll

Now we're here to fight
To make our foes and friends
To take your money and go home again

Come fight along
We're the Aquabats
We're super super guys
We're the Aquabats
Join in our journey to battle our foes.
Watch us every week
On our TV show.
The wacky wacky world
Of the Aquabats.
We're zippy zippy dudes
We're the Aquabats
We're the Aquabats
And that's that
So watch us every week
We're the Aquabats!