

## H.M.A.S Look Back

### The Amity Affliction

I've been staring for weeks  
At the cold rusted sheets  
And the broken down pillars  
Of the years that passed by  
At the cold depths of rivers  
And the moons that have fallen  
And risen as halves  
I've been star gazing and

Whispering to myself in the night  
And by the river at dawn  
I have discovered the light  
I've been watching the tides  
And I've been feeling their flow  
And it's a humbling experience  
To watch as they grow

Down  
Where the beauty of our dreams  
Touches the beauty of the sky  
And the stars in our oceans  
Become the stars in our eyes  
Where we reach out to forever  
For just one last grasp at hope  
Where the tides ebb and flow  
Is all our minds really know

They leave in short breaths  
Returning to give  
And to hold and to steal  
And it's calming and it heals  
And it's softening it seems  
To leave my past behind  
Join the tide  
And head out toward the sea

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Where the tides ebb and flow  
Is all our minds really know

I'm lost in a moment  
Where the tide embraces me  
Where I fall into the river  
And set sail toward the sea  
I'm lost and I'm dreaming  
I'm lost and I'm feeling  
Like this has waited  
Forever to finally take me  
[x2]

Down

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Touches the beauty of the sky  
And the stars in our oceans  
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Where we reach out to forever  
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Is all our minds really know