

All Fucked Up

The Amity Affliction

When I wake up I'm thankful
I slept through the night
Cause that is the only time I feel alright
Keep my eyes closed
So I sleep the sadness away
When I wake up I'm sure
That it won't be the same
All the panic, depression, the hurt and regret
Lying to myself -
"I don't think of death..."
All the ups all the downs
All the petty concerns
My whole world's imploding
I can't find the words
Cause the truth is... I'm fucked up
The truth is that I'm all fucked up - like you
Yeah we're all fucked up it's true
And the truth is, they don't hear the words we say
Yeah they all just turn away
If I wake up tomorrow
Just know that I tried
To find a way out
Without saying goodbye
All the panic, depression, the hurt and regret
Lying to myself -
"I don't think of death..."
All the ups all the downs
All the petty concerns
My whole world's imploding
I can't find the words
Cause the truth is... I'm fucked up
The truth is that I'm all fucked up - like you
Yeah we're all fucked up it's true
And the truth is, they don't hear the words we say
Yeah they all just turn away
Will you save my life... Or just say goodbye?