[Verse 1 - Tedashii:] My pain is real Don't pretend you can feel I appreciate your prayers, but I'm keeping it real Kitchen and skitching I'm gripping the steel Hand in my pain, and let's keep it concealed Mad at the world, and I'm ready to kill Hollering pain, and they letting me live Making me sick, and they calling me ill The mood that I'm in, I die to the fear No lie, testify Left hand on the Bible, right hand to the sky My days be long, nights seem long Calling on help and nobody is home All by myself, and I feel so alone Cold world, yeah, and I know it's for show Worst day of my life, and it's just getting badder Asking Him why and looking for answers [Hook - Britt Nicole:] Dark days and darker nights Heart break dreams from this heartened mind Don't understand it Can't understand it (2x) [Verse 2 - Tedashii:] Bombay and that Alizé Purple Sprite with that Grand Marnier Sip, slurp, sizzurp, hurl Do it again the same next day Hey, marijuana, ganja Blown crop dust like I was a farmer Mary Jane that dame I called her Invested my home and living with roaches Womanizing, traumatizing The reason that made me despise me My Savior's bringing them gifts Presented as wise men trying to entice them Liars all wired up By the men before but I was the first But this is no race or wretch A mess and I'm trying to find help Looking at pictures it making me sadder Feeling so helpless it making me madder Worst day of my life, and it's just getting badder Asking Him why and looking for answers Wondering if He ever gon come back If He is then man can you pick up the slack Cause this place that I'm in I may never come back Feeling so lost and don't know where I'm at [Hook - Britt Nicole:] Dark days and darker nights Heart break dreams from this heartened mind Don't understand it Can't understand it

[Verse 3 - Tedashii:]
Uh, I pick up on a sign quick
I don't know what I could find if
Someone could get me out the mess I'm in
Brain loss, gone and all it's sin
I know I'm hurting from my past pain
And people tell me I goin insane
I think they lying so I keep pressing
The way things I used to do, trying to impress em'
This pain, I gotta let it go

[Hook - Britt Nicole:]
Dark days and darker nights
Heart break dreams from this heartened mind
Don't understand it
Can't understand it
(2x)