

## Letting Go

Take Cover

I'm alive but I worry myself to death, most of the time.  
I'm a hard wire circuit breaking.  
If I don't change my frantic ways,  
this room will meltdown on me or explode into thousands of pieces.  
You can't fight the feeling and everybody knows once and for all;  
it's time to start believing in the art of letting go.  
I'm starry eyed, preoccupied with things that I don't recognize  
.  
I'm losing my mind and trying to find the answer.  
If I'd just relax! Control my breathing,  
the rooftops would open for me and I'd find meaning.  
There's a little list of things that I can't tell you,  
some secrets we just gotta silence for ourselves...