

Only A Woman

Syleena Johnson

Only a woman sees
Only a woman knows secrets she gotta keep
She's barely holding on
Only a woman cries
With force that will shake the skies
Only a woman bleeds
Only a woman

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Up before the sun (like a man)
On top of my game
I stay strong (like a man)
On the grind for the ones that I love (like a so-called man)
Did I mention
It's that time of the month

Leaving work
Days just gettin' started
Between the bills and these men
There's no end to this drama
Sometimes I'm at the point feel like givin' up
But if I don't take care of me
Then tell me who will?

Don't you remember the pain
And the mood swings (tell me)
I still go through the day with a smile on my face
(I don't think so)
Gotta headache, backache, on top of that I'm crampin'
When that energy comes it's that time of the month
That's why

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I put on my pants (like a man)
I even take out the trash (like a man)

I'm tough but I'm bruised
But I've gotten used to
Taking abuse (like a so-called man)
Can't be loyal
Give him love and submission
'cause if he breaks out
I must assume the position
Working 12 hours days at a job that I hate
Just learning how to misplace all the pain

Don't you remember the pain
And the mood swings (tell me)
I still go through the day with a smile on my face
(i don't think so)
Gotta headache (head hurts) backache
On top of that I'm crampin' (and my back aches)
When that energy comes it's that time of the month

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Tell me
When you wake up in the morning
And your stomach is turning
Always hungry for something
Uncontrollable yearnings
Hard to feel pretty
When your clothes don't even button
Not for nothing
It's hard to be a woman

And can you deal with what comes
When it's gone for 9 months
The pressures still building
Only I can have these children
And god knows what he made
He made me
Strong as I can be
That's why
Only a woman

Only a woman can do these things
Give her love day after day
Only a woman can endure all this pain
And still give her love
And she's barely holding on
Only a woman

We sacrifice
Dedicate our lives
Stand by your side
Smile when we wanna cry
Let you wear the hat
While we take the chair
Hold our commitments
Still treated unfair
But, oh be weary of a hardened heart
Hell hath no fury when the fighting starts

'cause we can hate with the same strength we love
Only a woman can do all the above