In the beginning all I hear is people singing Deep and low with iron bells ringing And there's a source of heat near my feet Im so weak I pass in and out of sleep Flashes of light blotches of colour I yell out for help but its drown out by weather Downpour terenchal power of the vengeful This was all triggered by the sub-conscious central Sweet dreams are hideous lets not confuse those Bad dreams will find you confine you to circles Every other movement is slowed by your mind That's why stabbing them blind is no crime With no REM. your bound to cave in And life in the conscious life is quite grim If I can't escape than I'll die in my sleep Cause the cliff is to steep and the waters to deep

Sound familiar bad dreams can kill ya
Deeper the sleep the realer man I feel ya
Bad dreams sad scenes and fear
You don't want to have to wake up here
Bad dreams you don't want to have to wake up here
Bad dreams sad scenes and fear
you don't want to have to wake up here
Bad Dreams
you don't want to have to wake up here

Im running down a hall with one wall of flames With friends I've never seen in my life with strange names Sound familiar bad dreams can kill ya Pains not what it seems cold stares and sudden screams I get in fights every night as im reflecting Throwing punches fast hard as I can but not connecting There protected by a force field locked in an engagement Until I see the colour red when pounding heads into the pavement Caught up in a chase scene or working on a plan Sometimes im falling and I have to wake up before I land Lots of doors to open afraid what I might find My girlfriend getting fucked with eight more guys in line Cant wait to rise and shine when ill thoughts are provoked My girlfriends right beside me getting choked In real life plus I heard it could get worse So much for walking in my sleep that's close to murder in the first

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They say that most people can only dream in black and white That's why he packs a knife and only reappears at night I pray for the light to turn him back to stone

And shine bright enough so I can find my way home

Watching myself from above and just behind Like im controlling video games inside my mind Be careful what you dream for because its right there Sometimes day dreams turn into nightmares

I've prepared the chair electricity rumbles through the air You don't want to have to wake up here Its cold in the morning Breath the eternal frost of our dawning

Plus its dark and damp
With slight hints of death
So cold im spitting icicles
Rip right through the flesh
Smoke forms with every breath
The sound of children screaming
Pinch my self I have to wake up
Afraid of dreaming

Sound familiar bad dreams can kill ya
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