## **Slow Down My Heartbeat**

## **Switchfoot**

The morning comes My mind rolls back My body's weightless My world goes black Slow down my heartbeat Slow down my heartbeat Slow down my heartbeat Slow down my heartbeat A loud scream in My hands are bound The world's still breathing But there's no sound Slow down my heartbeat Slow down my heartbeat Slow down my heartbeat Slow down my heartbeat Euphoria's gone It's time to move on I have to believe we can change My world's gone all wrong Stop swimming along We can't be the same old thing Euphoria's gone It's time to move on I have to believe we can change My world's gone all wrong Stop swimming along We can't be the same old thing Euphoria's gone It's time to move on I have to believe we can change My world's gone all wrong Stop swimming along We can't be the same old thing Euphoria's gone Euphoria's gone Euphoria's gone Euphoria's gone Euphoria's gone