

# Slow Down My Heartbeat

Switchfoot

The morning comes  
My mind rolls back  
My body's weightless  
My world goes black

Slow down my heartbeat  
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A loud scream in  
My hands are bound  
The world's still breathing  
But there's no sound

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Euphoria's gone  
It's time to move on  
I have to believe we can change

My world's gone all wrong  
Stop swimming along  
We can't be the same old thing

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