

## Say It Like You Mean It

Switchfoot

All this noise of rock and roll  
Feels a lot like we're ready to fold  
Feels a lot like we've lost the goal  
Lost our minds and lost the soul of a nation

A couple lost generations  
We're the ones lost and losing patience  
I'm still looking for a correlation  
Between what to say and how you roll

Spit it out  
Yeah, spit it out

Say it like you mean it  
Say it like you mean it  
Say it like you mean it  
But I still don't believe it

Oh my soul, wonder where'd you go?  
It never did feel like my control  
I never could fit in microphones  
I never could fit in stop and stand ovations

Give me the songs of the nation  
Cause it feels like law lacks motivation  
See, I'm still looking for a correlation  
Between what you say and how you roll

Spit it out  
Like you mean it  
Spit it out

You say it like you mean it  
But I still don't believe it