## **Stay Here**

Be strong Be hard Resist temptation Stick your hand in your eye Close your fist Resist Walk on this line Look straight ahead Flex your muscles Flex your muscles Flex your muscles Flex your muscles Be hard Be strong Be hard Be hard Hard Hard Come back for more Come back Come back Flex your muscles Flex your muscles Come back Be hard Be hard Flex your muscles Flex your muscles Come back Flex your muscles Flex your muscles Be hard Be hard Be hard Hard Hard Hard Hard Be hard Be hard Be hard Be hard Flex your muscles Flex your muscles Flex your muscles Flex your muscles