When I see the way you look at love I feel so blind 'Cause I don't know how to give that much to you And when I think of what it means to love forever I get scared That I won't be strong enough to see it through And about that time I don't know what to do

And when I run, it's only 'cause I don't know how to stay I don't know how to get my feelings out of my way It's not you, and it's not fun, I know tryin' to hide is crazy Walking out won't save me
My demons only chase me when I run

In your arms, I am sound and safe from my own harm Or at least you always make me feel that way It's only when I turn away from you that I get lost My mind lets some old hurt get in the way I stop listening to what my heart has to say

And when I run, it's only 'cause I don't know how to stay I don't know how to get my feelings out of my way It's not you, and it's not fun, I know tryin' to hide is crazy Walking out won't save me
My demons only chase me when I run

And how, tell me can I turn around And face these feelings chasing after me And why are there still so many things You know about that I can't even see

And when I run, it's only 'cause I don't know how to stay I don't know how to get my feelings out of my way It's not you, and it's not fun, I know tryin' to hide is crazy Walking out won't save me
My demons only chase me when I run