I fear the sounds at night Going through my mind Cold shivers down my spine Did I leave her to die?

I have a thing or two to tell you About the things you did Now I'm finally back to myself I can hardly behave Cos I'm left cold

This is me releasing all I can't protect you when you fall

Fear, the flames are getting higher Can you face me alone> Know; know now how you made me Just to tear me apart

Fool, anger fills me over
I'd like to say it was me
Turn around and let me help you
Now this is all I can say
Cos I'm left cold

This is me releasing all I can't protect you when you fall

This is me releasing all
I can't protect you when you fall
Leave me be and stay away
For I am next, please let me go