I find it hard to win
Back on the ground again
I feel like giving in
But you're my second wind

Don't you ever tire
Facing all my fires
I don't need no one but you right now
So, I say

Oh, my friend, you're holding out your hand I take it like an oar from the depth Hey, Lifesaver, I'm drowning in despair But you're fighting for me right until the end. You pull me back to land and save me once again

You help me wash away
The insane mistakes I made
And I see it in your face
My only source of grace

No, I don't take for granted All the time you've wasted Making sacrifices for a fool So, I say

Oh, my friend, you're holding out your hand I take it like an oar from the depth Hey, Lifesaver, I'm drowning in despair But you're fighting for me right until the end. You pull me back to land and save me once again

You lift me higher,
You hold the fire,
You make me strong enough to stay
You lift me higher,
You hold the fire,
Made up stand tall
But without you I'd fall

Oh, my friend, you're holding out your hand I take it like an oar from the depth Hey, Lifesaver, I'm drowning in despair But you're fighting for me right until the end. You pull me back to land and save me once again

You lift me higher, You hold the fire, You make me strong enough to stay!