## It's Going Down

## **Suicidal Tendencies**

It's going down in my dark side My mind starts sweating, my heart It starts a chain reaction That's how the pain it all starts

It's going down where no one can see
It's a sad sad sight
The feeling just gets stronger
I see you, I just put on a smile
I try to cover it up
But I can't take it too much longer

Time stands still, as I lie in place I try to block out the pitch In my head that keeps ringing So I pound and pound on myself I try to wake myself up But I can't cause I'm not dreaming

It's going down in my dark side
With no release or escape
Doesn't believe in forgiveness
It's an emotional rape

It's going down where no one can see It's a sad sad sight
No suspense as what will follow
Fractured terror fills my peace
Shocks my senses
Leave me empty sad and hollow

Time stands still, as I lie in place I try to block out the pitch In my head that keeps ringing So I pound and pound on myself I try to wake myself up But I can't cause I'm not dreaming

It's goin' down it's goin' down
It's goin' down it's goin' down
It's goin' down it's goin' down
It's goin' down it's goin'
It's goin' down

It's going down in my dark side Shivers and shakes through my soul Ration surveys the damage There's nothing left to control

It's going down now, I'm face to face
With the hollowness
That echoes in this darkness
How can I fight when I cannot see what to fight
Reluctantly how can I even stop this
All hell is breaking loose
Now panic rules as emotions blaze on fire

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I'm goin' down down down down
I'm goin' down
I'm so damn tired

It's goin' down it's goin' down
It's goin' down it's goin' down
It's goin' down it's goin' down
It's goin' down it's goin'
It's goin' down
It's goin' down
It's goin' down

It's goin' down in my darkside
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