

## High Anxiety

Sugar Ray

All this frustration (2x)  
let it out (2x)  
I got a mental problem but I'm working it out  
whats wrong with you don't you know that'll never do  
let it out (4x)  
gotta get it off my mind  
alright  
I can't feel any worse than I feel right now  
don't worry about it because I'm ok and I'm alright  
I'm ok and I'm alright  
let it out (4x)  
black guys help the white guys  
They're kinda  
black guys help the white guys

Did you or did you not (2x)  
your God damn right I did!  
see the product you'll turn out like me  
I got alot of pent up hostility towards you  
gimme a beer bitch  
cause a good mom is hard to find  
I'm ok and I'm alright  
let it out (4x)  
black guys help the white guys  
they're kinda  
black guys help the white guys

She's got the guts! (2x)  
when I get my balls inside of my hands  
I'm your maintance man