

I stand my ground in stormy weather  
We're pickin' up the pieces that we dropped along the way  
We rise and fight and fall together  
Anything to forget the problems of yesterday

Whatever they say is not only  
Not the only way I know  
Whatever they say is not always  
Not the only way for me  
Whatever they say is not for me

The sun will rise and fade your bruises  
But it can never cleanse your body of the wounds and battle scars  
We all just fight for some reaction  
But you get yours, and I'll get mine, and they'll get theirs

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Not the only way I know  
Whatever they say is not always  
Not the only way for me  
Whatever they say is not only  
Not the only way I know  
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They tell us to keep pushing on, on, on  
I said we can't, we can't, we can't move much more forward  
With our feet pushed hard to the ground-ound-ound  
Don't you know how hard it is to heal?  
Don't you have any idea what it means?

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Ooh not the only way for me, ooh oh