Get up in the morning Alarm clocks clean socks Brush your teeth look neat Join the others on the street Bus ride tube train Going off to work again Up to the third floor Name on the office door Paper lying on the floor Pick it up and do some more Lunch break break down Valium and alcohol Nicotine adrenaline Don t it make your head spin? Back to the grindstone Head on the guillotine Pulling all the stops out Socks up head down Doing it good You re doing it well Cos you wanna please the boss But you wish he d go to hell But the wages in the brown bag Underneath the name tag Are keeping you in line So you do the overtime And you get the train late again Surrounded by the same lame People playing your game No one even knows your name Back straight home late All the food is out of date Wife has left a note Saying Don t forget your coat Quick snap head back Living on the wrong track Should've tried refusing But you could've got the sack It s getting so confusing Cos you know you re only losing But the choice of ever choosing Never seemed to cross your mind So you go to bed at ten Thinking never again But you get up in the morning And you get to work on time