- 1. Did you make your bed?
 Did you lose your head?
 Are you still awake
 From the things we said
- 2. You close your eyes
 But the sleep won't come
 `Cause you can't escape
 What's said and done
- 3. Did you draw the line In the sand again Did you make a stand Out on a limb
- R: Don't be so hard on yourself
 'Cause you can't change the world
 You can't change the world alone
 Just be
- 4. You drink too much `Cause you think too much It seems so hard to feel All this is real
- 5. You numb your heart
 So you feel no pain'
 Then you miss the bliss
 of the pouring rain.
- 6. But there's a brand new day
 It's a shame to waste
 It's yours to live
 It's yours to taste
- R: Don't be so... (2x)