## **Built Upon the Sand**

## **Stick to Your Guns**

Day in and day out Shit on and kicked in The world's garbage you left sifting Mind like a wrath flame and flood Done talking, no one's listening

They pushed me, they pushed me I'll rip this place at the seams They did this, not me Inflicted with this disease I'm screaming, God help me I scream as loud as I can This is another life Built upon the sand

You've hit bottom and you're still sinking So small and you're still shrinking What can you do You've gone from alone to completely see through

Let's all watch while the hammer falls

They pushed me, they pushed me I'll rip this place at the seams They did this, not me Inflicted with this disease I'm screaming, God help me I scream as loud as I can This is another life Built upon the sand

I understand you I understand you

You