Sometimes I can hardly breathe

The air is so thick with hatred and pain and we're on our knees In my hand is a book of prayer

In my pocket, a cross attached to some chain and I'm on my knee  ${\bf s}$ 

I'm staring at the world through a trick of the light I'm waving in the dark, I'm naked tonight Save me, save me from myself.

Sometimes there's a sense of peace
Hand on my heart, I promise I'm trying, I do want to please
Other times I pretend to be believe
There's nothing in this but inside I'm dying, I do want to please

I'm holding tight and true in this battle of pride I want to hear the truth, don't talk about prizes Save me, save me, save me from myself.

Sometimes I can hardly breathe

These terrible thoughts, these are terrible dreams, the night is so dark

My sky is a stormy sky

Always heavy with clouds, the sun never beams and life is so dark

I wanna hear a sign that you're listening, please I want to hear the word, I want a release Save me, save me from myself.