[Get up, get down, get up]

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You can get over
Everybody wants to make the rules
Got to get high [Higher]
You don't wanna be nobody fool
And I believe that somehow
We can be the things we need to be
You can get over
Don't let nobody tell you, you can't fly
Makin' it better [Better]
You can make it if you try
Gonna show you, get up and take your stand
? Cause I know you got the power in your hand
Feel it glowin' in every child, woman, and man
Ooh? ooh?
Ey? hey?
Oh?
You can get over
The best if life is free
Takin' it higher
Open your eyes, you will surely see
? Cause I believe this world can be
A place of peace and harmony
Gonna show you, get up and take your stand
? Cause I know you got the power in your hand
Feel it glowin' in every child, woman, and man
Ooh? oh?
Oh? you got the power in your hand
Uh, don't you know that you got to take your stand, eee, hee [Get up]
You got the power in your hand
Don't you know that you got to take your stand, you? hoo?
You know you can make it, oh, yeah, you? oh?
You can make it, oh?
You gotta, gotta, gotta take your stand
[Get up, get down, get up]
[Get up, get down, get up]
[Ah? yee? ah? yee? ah?]
[Get up, get down, get up]
[Get up, get down, get up]
[Ah? yee? ah? yee? ah?]
[Get down, get up]
[Get up, get down, get up]
[Ah? yee? ah? yee? ah?]
[Get down, get up]
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[Ah? yee? ah? yee? ah?]

[Get down, get up]
[Get up, get down, get up]
[Ah? yee? ah? yee? ah?]

[Get down, get up]
[Get up, get down, get up]
[Ah? yee? ah? yee? ah?]

[Get down, get up]
[Get down, get up]
[Get up, get down, get up]
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