

Decision making comes now to do the best I know how
Everyone watching me to see what I believe
If I am willing to fold how far is to far to go?
Can I stand up to this or will I swing and miss?

I'm scared of this temptation, feels like I'm gonna drown
Under all this attention but you can't pull me down

Throw it at me, see if I'm ready
Can't touch my heart 'cause I've got my lifeguard
Here to save me, he always will be
Watching my heart, my lifeguard

Put on your real face now and show me what you're about
You were so cool I thought but now I see you're not
Not even close to the truth, I'll never give into you
I'm through with failure, this time it's over

I know that this temptation can't get the best of me
Under all this attention I'll make you wait and see

Throw it at me, see if I'm ready
Can't touch my heart 'cause I've got my lifeguard
Here to save me, he always will be
Watching my heart, my lifeguard

Responsibility never easy
I'm never getting more than I'm ready for

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Here to save me, he always will be
Watching my heart

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Watching my heart, my lifeguard
My lifeguard