

## Self Destruct

Staind

Watch me suffer, you'll feel better  
Stick the needle in my vein  
Lost my feelings with my dealings  
Thoughts of only you remain

Fuck, fuck, fuck

Rip and tear in my despair  
Agonizing over shit  
Feel the needle burn and tingle  
My bad habits, deal with it

Fuck, fuck, fuck  
I will self destruct

My life has slowly faded  
Broke down and degraded  
Suffocate in my sorrow  
Maybe, I'll die tomorrow

This riot that I've cited  
Came to you uninvited  
Truth hurts when it's in your face  
Are you afraid of it?

I will self destruct  
I think I'm gonna, think I'm gonna  
I will self destruct

I self destruct my mind  
I self destruct my world  
I self destruct my life