

Self Destruct

Staind

Watch me suffer, you'll feel better
Stick the needle in my vein
Lost my feelings with my dealings
Thoughts of only you remain

Fuck, fuck, fuck

Rip and tear in my despair
Agonizing over shit
Feel the needle burn and tingle
My bad habits, deal with it

Fuck, fuck, fuck
I will self destruct

My life has slowly faded
Broke down and degraded
Suffocate in my sorrow
Maybe, I'll die tomorrow

This riot that I've cited
Came to you uninvited
Truth hurts when it's in your face
Are you afraid of it?

I will self destruct
I think I'm gonna, think I'm gonna
I will self destruct

I self destruct my mind
I self destruct my world
I self destruct my life