

I try to breathe  
Memories overtaking me  
I try to face them but  
The thought is too much to conceive

I only know that I can change  
Everything else just stays the same  
So now I step out of the darkness  
That my life became 'cause

I just needed someone to talk to  
You were just too busy with yourself  
You were never there for me  
To express how I felt, I just stuffed it down

Now I'm older and I feel like  
I could let some of this anger fade  
But it seems the surface  
I am scratching is the bed that I have made

So where were you  
When all this I was going through?  
You never took the time to ask me  
Just what you could do

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But I never meant to fade away  
I never meant to fade

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You were just too busy with yourself  
You were never there for me to  
Express how I felt I just stuffed it down

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