It starts to tear me down Destroyed by the world i create It left the nerve exposed Feel like i've lost my cause Frustrations all i have left It's what has reduced me to this Turned me against my self it's still a alost cause I can't keep doing this to my self But it's the only way to forget who i am Your disabilty Kept pushing me away It went beneath what's so real to me And threw it all away I underestimated The lenghts that you have gone To deny who you are You threw it all away I will keep doing this to myself 'Cause it's the only way to forget who i am I never wanted your help I never needed your help This failure has to be all mine and mine now I'll turn my back on my self If it's the only way out It can only help me if it herts I won't give into, I wont give into... I won't become one of your lies I never wanted your help I never needed your help This failure has to be all mine and mine now I'll turn my back on my self If it's the only way out I'm too tired to feel anything anyway I will keep doing this to myself 'Cause it's the only way to forget who i am I never wanted your help I never needed your help This failure has to be all mine and mine now I'll turn my back on my self If it's the only way out I'm too tired to feel anything anyway I have become on of your lies