

## Asthmatic

Spineshank

It starts to tear me down  
Destroyed by the world i create  
It left the nerve exposed  
Feel like i've lost my cause  
Frustrations all i have left  
It's what has reduced me to this  
Turned me against my self  
it's still a alost cause  
I can't keep doing this to my self  
But it's the only way to forget who i am  
Your disabilty  
Kept pushing me away  
It went beneath what's so real to me  
And threw it all away  
I underestimated  
The lenghts that you have gone  
To deny who you are  
You threw it all away  
I will keep doing this to myself  
'Cause it's the only way to forget who i am  
I never wanted your help  
I never needed your help  
This failure has to be all mine and mine now  
I'll turn my back on my self  
If it's the only way out  
It can only help me if it herts  
I won't give into, I wont give into...  
I won't become one of your lies  
I never wanted your help  
I never needed your help  
This failure has to be all mine and mine now  
I'll turn my back on my self  
If it's the only way out  
I'm too tired to feel anything anyway  
I will keep doing this to myself  
'Cause it's the only way to forget who i am  
I never wanted your help  
I never needed your help  
This failure has to be all mine and mine now  
I'll turn my back on my self  
If it's the only way out  
I'm too tired to feel anything anyway  
I have become on of your lies