## **Instant Weight Loss**

Don't play that riff Don't play that riff Don't play that riff That takes me back Instant weight loss

There was a girl why She called me Fats But in one night Instant weight loss

One night, one steamy night I'd lose a kilo each hour In ten nights, ten steamy nights And figure a kilo each hour Instant weight loss

Then came this guy Some foreign name Had chubby hands Wore lots of chains Instant weight loss

That's it What's done is done Erase the past if you can With ice cream, with coconut pie In less than a week I'd undone Instant weight loss

Don't play that riff She sang that riff All through the night It's coming back I've gained an ounce I've gained a pound Another pound I've gained a ton

So last July This girl pulls up Blonde hair, so what She says "hey Fats" Instant weight loss