I've only myself to blame, Now that I'm tangled up in chains, So you say, ooh, so you say Caught in this human cage, Trapped, and I'm fired up with rage And somebody's got to pay I can never talk about it, I can never say what I want to say So I'll take your tip and I'll bite my lip And hope it goes away You say I'm a man of straw Well, baby, I'm gonna break your law Then it's war, ooh, yes it's war Love on a thin white line, Love that was just a waste of time, Oh, not anymore I can feel it coming at me, I can feel it coming like the wind But, I'm locked away and I'm bound to stay, So no one can get in I'm a man in chains, I'm a man in chains Oh, I'm a man in chains, I'm a man in chains I only pray that before I die, Just like a phoenix I will rise and fly Tell me who's to blame, Oh, I'm a man, now I'm a man in chains There must be a reason why You're pulling the wool down on my eyes It's a lie, it's a lie Dragging this ball and chain, Oh, how long can I take this pain? But somebody has to try, yeah Oh, I can feel the pressure on me, I can feel it taking me from the start Sticks and stones will smash my bones, But never break my heart I'm a man in chains, I'm a man in chains Oh, I'm a man in chains, I'm a man in chains I only pray that before I die, Just like a phoenix I will rise and fly Tell me who's to blame, Oh, I'm a man, now I'm a man in chains I can never talk about it, Oh, I can never say what I want to say So I'll take your tip and I'll bite my lip And hope it goes away I'm a man in chains, I'm a man in chains Oh, I'm a man in chains, I'm a man in chains I only pray that before I die, Just like a phoenix I will rise and fly Tell me who's to blame, Oh, I'm a man, now I'm a man in chains