

## Take It Inside

Southside Johnny & The Asbury Jukes

Try to understand  
Before you judge  
Now I'm the kind of man  
That looks before he touch  
But I ain't never touched nothin'  
That didn't hit me back, oh no

And the way we live is the way we die  
How bad do you want it?  
How hard do you try?  
You don't ask no questions  
You don't find out why  
As you watch your life pass you by

You've got to take it inside  
Take it inside  
Take it inside  
Take it inside

Now I do believe  
A wound heals if you let it  
I can learn to forgive  
But I will never forget it  
You call my name  
And like a fool I'm back again

And I'm watching you die girl  
A little at a time  
While I stay hard pretending  
That I don't mind  
I turn my head  
But I can't deny  
The hurt that I try to hide

You got to take it inside  
Take it inside  
Take it inside  
Take it inside

It's your life, girl  
I can't take you there  
I try to help  
But you're still nowhere  
I tell myself, girl  
That I don't care  
I still can't let it ride