You might be right, you might be wrong
You might just think your life has gone on for too long
Your knees get weak and your heart grows cold
And you're tired of doing everthing you're told
And nothing can take away from you
What you take, what you've been through
Stand up and be strong
Stand up and be strong
It won't take long, you can't go wrong
Stand up and be strong

You might have to fight You might have to cry You might have to cry You might have to fight Stand up and be strong

If you live in the hills, you take too many pills If you've lost the thrill against your own will Stand up and be strong

And nothing can take away from you What you take, well you know what you've got to do

Stand up and be strong
Stand up and be strong
It won't take long, you can't go wrong
Stand up and be strong

If you get all depressed when you get undressed If you're life's a mess, remember you're blessed Stand up and be, stand up and be Stand up and be strong

Stand up and be strong
Stand up and be strong
It won't take long, you can't go wrong
Stand up and be strong

Stand up and be strong
Stand up and be strong
You can't go wrong, it won't take long
Stand up and be strong