

## Can't Help It

Soul Asylum

Got it figured out I guess  
It's going pretty good but I couldn't care less  
Blow me off and blow me down  
You got me right I'm a goddamn clown

See I need the kinda help that I can't get anywhere else  
She only helps those who help themselves  
I can't help myself

Don't give a fuck what you think about me  
I'm just another bad apple fallen far from the tree

See I need the kinda help that I can't get anywhere else  
She only helps those who help themselves  
I can't help myself

You want it, I'm on it  
Come on, come on, come on  
I can't help it, I just can't help it

I tried and tried to talk to you  
It just don't matter cause it just ain't true

See I need the kinda help that I can't get anywhere else  
She only helps those who help themselves  
I can't help myself  
Cause I can't help it  
I just can't help it  
I can't help it  
Can't help it  
I just can't help it

No I can't help  
Go 'head help yourself  
Come one, come on, come on,  
come on, come on, come on, come on, come on  
Help your fuckin' self