

## Survival Reaction

Solstice

Pounding in your chest  
As blood rushes through your face  
Survival reaction  
This is the strongest of emotions  
Verisimilitude: Anger flows throughout all of us  
Anger expressed as aggressiveness  
Leads to the violence that infects society

Short-tempered with very little impulse control  
Eyes see red  
Physical response can be destructive  
Attempt to address what has triggered this rage  
Without activating an extreme response  
Developed as a protective device  
There are few situations for extreme response  
Blind rage paves the way to inexpression....

Pounding in your chest as blood  
Rushes through your face  
The will to live is the main objective here  
As this hazardous tantrum begins to unfold  
There is no way to stop the flow

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Developed as a protective device  
There are few situations for extreme response

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Anger expressed as aggressiveness leads to  
The violence that infects society