Ljósfari

In your ignorant bliss You did emerge, A god of flesh in this world.

I ate the fruits of forbidden knowledge Or discovered the hidden truth, So cast me down to the lower plains. Souls I saw descending.

Down to the lower plains To a lonely planet Souls I saw ascending As I drank the stream of the stars.

Lux Fare, You have seen different heavens With different stars And different moons.

My flesh descending, My soul ascending; Mine are the highest plains!

Sólstafir