

## Cognition

### Snapcase

This is the way i get when im unhappy with myself, i feel my mistakes pounding into my head, lying to my conscience believing i was misled theres things ive learned since times passed on until i hurt when will regret be gone gone are the days of feeling good within my soul and ill gain self respect by gaining self control, ive got a feeling that i can beat this game then i wont have why do i do the wrong things over and over again when it seems the outcome never makes any sense, ive got a feeling that i can beat this game then i wont have to feel the shame