I was going through life
I was carrying a heavy load
Even though I wore a smile like a clown
My burdens were to oheavey for me to hold
But now Imade up my mind
I ain't walking looking down at the floor
Stand up and put my chin in the air
Cause I gota let hte whole world know
God gave me (Power!)

That makes me feel the way I do (Power!)
Listen you can feel the same way too (Power!)
When I couldn't make it God showed me how (Power!)
Point to yourself and say I'm alright now

I'm reminded of the day
When I thought I would loose my mind
My head was spinning like a merry-go-round
Felt like I was running out of time
Now I made up my mind ain't walking looking down at the floor
Stand up, put my chin in the air

Cause I gotta let the whole world know For those who feel like giving in And the enemy is defeating you I've got good news from glory Jesus gave you that same power too! You can make it, you can make it Sho' nuff y'all can make it