it's all about today and how you waste your days away good morning santa cruz no time to lose three a.m. i can't sleep get up and roam the streets i walk down to the pier and let my problems disappear you caught me by surprise like a sight for sore eyes you compromised at every by and by it's all about tonight a couple beers ans i'm alright san francisco bay what can i say good friends and good vibes you know i think about you all the time 'cause today it will be gone before you know you took us in and saved us from the road dedication to those who i can call my bro's you gave us your support and you gave us your floor you gave us everything an i could ask for nothing more i think of the things that i lost along the way i think of the things that i lost over monterey bay i found them today and i left a little something behind on the way