

## Rule Number One

### Sleigh Bells

Two tornadoes touch down in Kansas  
Instinct takes over, instinct commands us  
Mostly O.K., but I'm bleeding profusely  
Mostly O.K., but only on Tuesdays

The six other days I'm pacing the ring  
Ripping down stars while I deal with this thing  
God only knows the hell that I chose  
Ripping down stars while I stand on my toes

Two Tornadoes touch down in Kansas  
Instinct takes over, instinct commands us  
Stare at the moon in a memory lapse  
Wind up the clock, total collapse  
Pop rocks and coke make your head explode  
Pop rocks and coke make your head explode

From the field I can see you in the stands  
Drinking lemonade spinning like a ceiling fan  
So haunting, so confusing  
Ice cream is goose, Linus and Lucy

Rule number one can't escape my throat  
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But Derek, it's Monday night  
And you're high as a kite watching Lion King  
You can't feel a thing, but your knee hurts  
Heartbeats are speeding by  
It's the fight of your life, are you proud of yourself?  
Are you doubting yourself?  
You lost it, bought a rifle, took it home  
Put it in the corner of your closet  
But it's not on your mind yet, oh no  
No it's not on your mind yet

I'm gonna stand on my toes ripping stars down  
There will be no end to my rainmaking  
I'm gonna stand on my toes ripping stars down  
There will be no end to my rainmaking

It's the fight of your life  
Are you proud of yourself?

Are you doubting yourself?  
Are you proud of yourself?