

# Jah Blessing

Sizzla

Yeah, if you know not love and practice not love  
Then you know we gonna do to extension  
So this one is from the Black Royal Nation  
Blessed

Do I n I sing with the vibes for the injured  
And the tongue of the tune dem  
Without love we're nothing

The way of the system is getting uptight, oh gosh  
Say the youth get desperate and wayward to fight  
Take a little stroll down the street the other night  
I hear some gunshot echo and a youth losin' life  
Wha Jah tell them

Spread a little love and let Jah blessings go 'round  
Place your feet on higher ground  
Humble as a dove and let Jah blessings touch down  
And give some love to someone who is hurt

Be humble and wise, be humble and wise  
Speaketh the truth and not the lies, yo  
Just be strong as the I, even I will help the I  
Rastafari paradise

You see black people feel the vibes, that's them business  
The pharisees and scribes come within the villages  
They want to bring a dirty lifestyle on communities  
I've got to peel the wicked man like oranges

I've got to lick the warrior from [Incomprehensible]  
Tell them bring the marijuana smell it from the window sill  
Well, Rastafari prevent the blood from spill  
With one love from the heart, oh, my whole temple fill

I know that society is fighting the truth  
But it's time for I and I to teach the youth, the root  
Say I the Nyabinghi will reign forever, oh Lord  
Because Jah love is the foundation on which I man stand  
And that's why I say

Spread a little love and let Jah blessings go 'round  
Place your feet on higher ground  
Humble as a dove and let Jah blessings touch down  
And spread some love to someone who is hurt

Well, it's Sizzla, feeling so ire fire deh go blaze  
Love to see black people living the lovely ways  
Going 'bout dem doing dem own thing Rasta dem a praise  
Now who the hell can stop the ghetto youth dem from phase

That's how I love my friends that's how I love my foe  
Mama say that isn't why she's [Incomprehensible]  
And to my black people they leave that open door  
Rastafari never ignore

Yeah, so then you

Spread a little love and let Jah blessings go 'round  
And place your feet on higher ground  
Humble as a dove and let Jah blessings touch down  
And spread some love to someone who is hurt

Ah, tell dem say be humble and wise, be humble and wise  
Speaketh the truth and not the lies, yo  
Be strong as the I, even I will help the I  
This is Rastafari paradise

Yo, just be humble and wise, be humble and wise  
Your brother you must never criticize  
Yo, strong as the I, even I will help the I  
This ah black people paradise

Make yuh peace, make yuh peace  
Come, mek me trample the beast  
I man make ah speech and den me travel go to east  
I man make ah speech and dem me trample the beast

Some say me simple and dem think me ah the least  
But gimme, gimme, gimme, gimme, gimme peace

Just, just be humble and wise, be humble and wise  
Speaketh the truth and not the lies, yo  
Just be strong as the I, I and I will help the I  
King Rastafari paradise

Ghetto youths dem feel the vibes  
But that is dem business