Some ah dem jus nah wah, dem nah wah do nutten Well listen... Better be on yuh Ps and Qs If not for 1, my friend, then yuh zooze This one ah go lick yuh like news Can't fit, get out my shoes No-one can live without food Mankind: yuh living jus too rude Ay-hiy! You rise this morning, give thanks for life A new day for you to try Yet nothing you're doing contributive to life Yuh skylark as the day pass yuh by Soon you'll be complaining, say "Huh! things no right" How could it be? nothing you apply! You've been playing, my-oh-my! Play and no work makes Jack a dull boy...see it dey! Yuh rivers run dry, you're on your knees The day has ended, and nothing you have achieve Wah come cry, l jus' can't believe! There's a second chance in the sky, oh please! (Do some good) Do some good today, howw-huyy! And put away your destructive attitudes (Do some good) Do some good today, howw-huyy! Today make prepare your future virtues (Do some good) Do some good today, howw-huyy! And put away your destructive attitudes (Do some good) Do some good today, howw-huyy! And make prepare your future virtues How can we, when we kill we-self like we mad? Separating, and yuh know say that is bad I am here to bring de people dem together, then ah trod From one to another, music is the method Yeah! nuff ah we ah rob from the poor fi full we bag Like wha' Shabba say, nuff ah grab like left-hand crab Nuff ghetto youth yuh police force mob, and then ah brag Old dog! isn't it love you have? (Some good) Good today, howw-huyy! And, and wipe away your destructive attitudes (Do some good) Do some good today, howw-huyy! And today make prepare your virtues (Do some good) Do some good today, howw-huyy! And wipe away your destructive attitudes (Do some good)

Do some good today, ay-hey, ooh-wooy, oooh, oh Jah!

Is bare bawling pon the main
The ghetto youths dem ah feel too much pain
Dem know say we brawling pon the main
Dem Rasta youth here jus' too plain
Check it...bawling pon the main
De youths can no longer retain
Yayy! bawling pon the main
Go away with the washing of yuh brain

(Do some good)
Do some good today, howw-huyy!
And step away with yuh dirty attitudes
(Do some good)
Do some good today, howw-huyy!
And make prepare your future virtues
(Do some good)
Do some good today, howw-huyy!
And go away with the dirty attitude
(Do some good)
Do some good today, ay-ayy, ooh-woo-wooy, ay-hey, mih say

Yuh rise this morning, give thanks for life
New day for you to go and try
Yet nothing you're doing contributive to life
Yuh skylark as the day pass yuh by
Soon you'll be complaining, say things no right
How could it be? nothing you apply!
You been playing, me-oh-my!
Play and no work makes Jack a dull boy...yuh see it?!
Yuh rivers run dry, you're on your knees
Day has ended, and nothing you have achieve
Wah come cry, l jus' can't believe!
There's a second chance in the sky, oh please!

(Do some good)
Do some good today, howw-huyy!
Ay-yayy, go away with such dirty attitudes
(Do some good)
Do some good today, howw-huyy!
And step, and step away...oh-yayy, make prepare your virtues
(Do some good)
Love today, howw-huyy!
And go away with such bad attitude
(Do some good)
Do some good today, howw-huyy!
And step away, build your future virtues