

One

Simple Plan

We are the lost, the one's forgotten
And this time the future is ours
It's in our hands

We're the tear in your eyes
We're the blood in your veins
We're the beat of your heart

We're the sweat on your face
We're the ones that you chase
We're the promise that you made

We're the voice in your head
We're the lies that you said
We're the kids that you pushed away

We are
We are the lost, the ones forgotten
And this time the future is ours
It's in our hands, we are one

We're the pride of your lives
We're the light shining deep in your eyes

We're the choice that you made
We're the smile on your face
When you sleep at night

We're the best thing you had
But you left us behind
We're the kids that you pushed away

We are
We are the lost, the ones forgotten
And this time the future is ours
Its in our hands, we are one, one

We're the pain that you feel
We're the scars that don't heal
We're the tear in your eyes
We're the reason you cry

We're the voice in your head
We're the lies that you said
We're the best thing you had but you pushed us away

We are the ones, the one's forgotten
And this time the future is ours
It's in our hands, we are
We are the lost, the one's forgotten
We've got nothing to lose, together we stand up tall
We are one