One

Simple Plan

We are the lost, the one's forgotten And this time the future is ours It's in our hands

We're the tear in your eyes We're the blood in your veins We're the beat of your heart

We're the sweat on your face We're the ones that you chase We're the promise that you made

We're the voice in your head We're the lies that you said We're the kids that you pushed away

We are We are the lost, the ones forgotten And this time the future is ours It's in our hands, we are one

We're the pride of your lives We're the light shining deep in your eyes

We're the choice that you made We're the smile on your face When you sleep at night

We're the best thing you had But you left us behind We're the kids that you pushed away

We are We are the lost, the ones forgotten And this time the future is ours Its in our hands, we are one, one

We're the pain that you feel We're the scars that don't heal We're the tear in your eyes We're the reason you cry

We're the voice in your head We're the lies that you said We're the best thing you had but you pushed us away

We are the ones, the one's forgotten And this time the future is ours It's in our hands, we are We are the lost, the one's forgotten We've got nothing to lose, together we stand up tall We are one