

## Thirty Frames a Second

Simple Minds

Today I saw a film was going backwards  
Thirty frames a second was a man I recognized  
Say who you are? I lost my job security  
Self confidence, bank account, identity

The league of youth coming backward at me  
Thirty frames a second  
Say who you are? Go back to father  
Father where's my food? Your food is on the table  
That can't be food, it's dirt say who you are

Look at my skin, look at my face  
Look at my arms getting younger  
Going backwards thirty frames a second  
Say who you are?

I crash my car, collapse in town  
Young immigrants and legionaries  
Fighting back, back, backwards  
Thirty frames a second  
Say who you are?

Some friends of mine  
I thought were dead, a coming back  
What are you doing coming back, Jack  
Say who you are?  
Feel I'm going backwards thirty frames a second

Feel I'm going backwards  
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