## **Medication**

We'll keep calm and carry on, With good intentions. They'll prescribe the rights and wrongs, Until we're perfect. So maybe one day we'll be safe, In control and full of grace, Never making a mistake. So flawless.

Cut us deeper to the core, We won't feel a thing. Imperfections weighing more, Repressing difference.

I wish this wasn't all so hard, To be yourself and not on guard. To stop the racing in your heart. We'll fight it.

Put me under, Now I'm powerless. I'll take it all, I'll Take it all, I'll take it. I can't breathe without you.

You won't trust me, I won't trust you too. Bring me back and, Bring me back and, Bring it, Medicate me.

Hide me deeper in my shed, Until I'm all alone. I'm hearing voices in this sound, Hallucinating. I could have sworn I heard it too, A sudden, beautiful adieu. It's telling me what I should do, I follow. Put me under, Now I'm powerless. I'll take it all, I'll take it all, I'll take it. I can't breathe without you.

You won't trust me, I won't trust you too. Bring me back and, Bring me back and, Bring it, Medicate me now.

As I'm turning into dis-reflection, You can't slow me.

## Silverstein

My body and my mind, My emotions and my pride. The simplest things became the hardest part now, The easiest parts have taken all my dreams. I'm afraid, I'll never be okay. I'm afraid, I'm scared I can't be happy. I'm afraid, This silence you feel is not a way to be sincere, (I'm afraid) And it's a way to cope, A way to heal, (I'm scared I can't be happy) But not for me when I can't feel. (I'm afraid) The subtleties that make me want to, (I'll never be okay) Be alive and not a statue, (I'm afraid) Breathe the air, Be me to talk to. (I'm scared I can't be happy) I'm afraid. (I'll never be the same)