Take Control

Sick of It All

I've got to take control of the problem Before it takes control over me I've got to change the way that I'm seen And that'll change the way that I'm seen

I'm searching for that comfort zone, inside my head It's hard to find, but if I relax, I'll be rewarded

I've got to break these thoughts And see that I'm a friend Got to accept my humanity Put this war to an end

Take control, it's not a prison to me Take control, and I'm a free man from here It's not fair, but I've been living my life in chains My whole fucking life in chains I know that I'm to blame

I've got to take control, take control Take control over me I've got to change my way, change my ways Change the way that I'm seen

But now I've made it Now I've made it But now I've made the change