

## Just Lies

Sick of It All

From the day that you're born  
they try to teach you right from wrong  
put these ideas in your head  
try to teach you good from bad  
then they send you off to school  
fill your head full of rules

it's all just lies what they said  
just some shit to fill your head  
they tell you to tell the truth  
that's a lie in itself  
it's all just lies what they said  
just some shit to fill your head  
don't ever ask them why  
cause what they say it's all just lies