Footprints

I've fallen through the floor again Crashed into the basement The pain was swallowing me I was like a lead balloon I couldn't even get up to turn The lights on The dark was swallowing me

Lord knows you can't trust your head When you're standing on the edge Of breaking down Lord knows you can't trust your head When you're hanging by a thread I was breaking down

And I saw only two footprints in the sand Thought you'd abandoned me and Let go of my hand But you were carrying me Carrying me to safety Two footprints, your footprints in the sand Two footprints, two footprints, your footprints in the sand Two footprints, your footprints in the sand

Oh, I forgot the things I knew It was I who'd abandoned you Forgive me, I was lost in doubt Who would never've left my side Picked me up when I thought I would die You helped me, and I was found

Lord knows you can't trust your head When you're standing on the edge Of breaking down Lord knows you can't trust your head When you're hanging by a thread I was breaking down

And I saw only two footprints in the sand Thought you'd abandoned me and Let go of my hand But you were carrying me Carrying me to safety Two footprints, your footprints in the sand Two footprints, two footprints, your footprints in the sand Two footprints, your footprints in the sand